

# Welcome Back to the Ohio Valley YMCA

Ensuring the health and safety of our Y community is everyone's responsibility and we've made adjustments within our facility and to our guidelines for use. We're following guidelines from health experts and local officials to ensure that our facilities meet the highest standards for hygiene and safety, and we have modified our policies and programs to facilitate safe physical/social distancing practices. Below is a summary of phase 1 of our reopening plan. A more detailed plan will also be available online, and more phases will be rolled out at later dates.

<b>Facility Entry</b>	Members are asked to self-screen before entry to the YMCA. Those with temperatures above 100.4 degrees Fahrenheit should not enter the premise. Face coverings are not required while exercising, but are recommended when possible. Please wash or sanitize hands upon entry to the facility.
<b>Phase 1</b>	<p>Open: Wellness Center, Track, Some Group Exercise Classes, 6 Lane Lap Pool</p> <ul style="list-style-type: none"><li>• Members only: No new members, guest passes or reciprocity. No business will be conducted at the front desk, all requests can be made digitally.</li><li>• Child Watch will not be available</li><li>• Pool lap lanes must be reserved in advance</li><li>• The gymnasium and part of the 6 lane pool will be available for Family Members to reserve in 1 hour increments, Monday – Friday 12:00 pm – 5:00 pm, and during operating hours Saturday and Sunday. You must bring your own play equipment</li><li>• Members are encouraged to arrive ready to exercise and clean up at home, as locker room usage will be limited with no showers available.</li><li>• Bring your own: towels, water bottles, mats, &amp; masks</li></ul>
<b>Temporary Hours of Operation</b>	Monday – Friday 7:00 am – 7:00 pm Saturday 8:00 am – 2:00 pm Sunday 9:00 am – 2:00 pm
<b>Pool Hours</b>	Monday – Friday 7:00 am – 12:00 pm (6 lanes open) 12:00 pm – 6:45 pm (3 lanes open) Saturday 8:00 am – 1:45 pm (3 lanes open) Sunday 9:00 am – 1:45 pm (3 lanes open)
<b>Facility Occupancy Limits</b>	All areas of the facility will run at limited capacity to support social distancing. Some fitness equipment will be closed to follow social distancing guidelines, please use every other piece of equipment in areas without machine closures. Lost and found will not be available

\*All items are subject to change.

For membership questions or changes please email  
membership@ohiovalleymca.org or call 330-383-8362